

**THEME: WHO I AM IN CHRIST**

**TOPIC: EXAMINED**

**TEXT: GALATIANS 6:4-5 MSG; 2 CORINTHIANS 13:5; MATTHEW 7:20;  
EPHESIANS 2:8-9**

## **INTRODUCTION**

In previous lessons, we focused on “Who we are and what we have in Christ”. Since, so many of us have been bound in legalism, knowing that God loves us and He is our Father is **critical**. Resting in that assurance will bring us peace, but we also have some responsibilities. One of them is to examine our thoughts and deeds to be sure we are staying in union with God.

Galatians 6:4–5 is about examining ourselves, restoring fallen believers, and not comparing ourselves to others. The best way to examine ourselves is to have a fruit test. Pray and ask God to reveal some truth to you about your spiritual condition.

### **Examine Your Inner Attitudes**

In 2 Corinthians 13:5, Paul urges each of his readers to examine whether their own relationship with God is real. He wants them to determine if their walk matches their talk

Every Christian has an inner struggle between the old nature and the new. Even though we keep on crucifying our old self, it is a long dying process.

The questions below are series of tests to examine our heart.

1. Do you enjoy having fellowship with Christ and His redeemed people? (1 John 1:3)
2. Would people say you walk in the light, or walk in the darkness? (1 John 1:6-7)
3. Do you admit and confess your sin? (1 John 1:8)
4. Are you obedient to God’s Word? (1 John 2:3-5)
5. Does your life indicate you love God rather than the world? (1 John 2:15)
6. Is your life characterized by “doing what is right”? (1 John 2:29)
7. Do you seek to maintain a pure life? (1 John 3:3)
8. Do you see a decreasing pattern of sin in your life? (1 John 3:5-6) [As in not continuing in sin as a way of life, not necessarily a total absence of sin.]
9. Do you demonstrate love for other Christians? (1 John 3:14)
10. Do you “walk the walk,” versus just “talking the talk”? (1 John 3:18-19)
11. Do you maintain a clear conscience? (1 John 3:21)
12. Do you experience victory in your Christian walk? (1 John 5:4)

### **Examine Your Daily Spiritual Nourishment**

We need physical nourishment daily. You do not say "I don't need food and water today, I had plenty yesterday." We need nourishment every day. Read the Word daily for spiritual nourishment, pray continually, and flee living in sin. **Roman 6:13**

Christ gave us life when we were spiritually dead. Fill yourself with his Word; present yourself as an instrument for him to use in his work in the world. **Psalms 139:23-24**

## **Conclusion**

What about you? Do you see a love for God and fellow Christians, a hunger for the Word of God, and a desire to depend on the Lord in prayer? Separation from the world and spiritual growth? Obedience?

Does your life show evidence of true saving faith?

True salvation is not to be found through the mere reception of any creed, however true or scriptural. Mere 'head notion' is not the road to heaven. "You must be born again," means a great deal more than that you must believe certain dogmas. The study of the Bible cannot save you! You must press beyond this; you must come to the living, personal Christ, or else your acceptance of the soundest creed cannot avail for the salvation of your soul. Salvation lies in Jesus only!

~ Charles Spurgeon